**Nida’ Abdelfattah Al worikat, MSc, OT**

**Curriculum Vitae**

**Personal Data**

**Date of Birth:** April 25th, 1990

**Place of Birth:** Amman, Jordan

**Gender:** Female

**Nationality:** Jordanian

**Marital status:** Married

**Address:** Shafa badran, Amman

Mobile phone: +962797088923

Email: [nedaa.worikat@gmail.com](mailto:nedaa.worikat@gmail.com) [n.worikat@ju.edu.jo](mailto:n.worikat@ju.edu.jo),

**Education**

**2012- 2015:** Master of Science in Vision Rehabilitation, German Jordanian University (GJU), GPA: 87.3

**2008-2012**: Bachelor of Occupational Therapy, University of Jordan (UJ), GPA: 3.10/ 4

**Work Experience**

## September 28, 2015- Now: Lecturer at University of Jordan, Occupational therapy department.

## August 10 - 21, 2014: Co- teaching in Introduction to Vision Rehabilitation course (46 hours) to students in OT (4th year) from Bethlehem University (BEU) at Visual Training Center (VTC) (EU Tempus project).

## June 1 - 5, 2014:  Co- teaching in Introduction to Low Vision course (25 hours) for lecturers and clinical instructors from Jordan University Hospital, Bethlehem Arab Society for Rehabilitation (BASR) and BEU (EU Tempus project).

**Oct 2013- Jan 2014:** Working in VTC clinic; giving services for people with low vision and blindness (two days a week).

**Nov 2013:** Translator (English to Arabic) in a course for diploma students in vision rehabilitation.

**20 June – 1 August 2011**: Clinical training in Occupational therapy department in Royal Medical Services.

**Administrative positions:**

**Sep 2019- Dec 2020:** School of Rehabilitation Sciences website coordinator. University of Jordan

**Publications:**

Hamzeh, H. H., & Alworikat, N. A. (2019). Cross cultural adaptation, reliability and construct validity of the Boston Carpal Tunnel Questionnaire in standard Arabic language. *Disability and Rehabilitation*, 1-6.‏

Nida’Alworikat, S. A., & Darawsheh, W. (2020). Quality of Life and Academic Experiences of Students with Visual Impairments. *Research Journal of Medical Sciences*, *14*(4).‏

**Workshops provided:**

* **Nov 27 2016:** Sighted guide techniques workshop for occupational therapy student students (4th year).
* **April 11 2017:** Sighted guide techniques workshop for students of Rehabilitation sciences

**Courses, workshops and conferences**

**April 20 2020:** How to make Quizzes on Moodle system. Online course on Microsoft Teams.

**Dec 17 2019:** Responsible Conduct of Research, 3 hours, University of Jordan, Accreditation and Quality Assurance Center

**April 30 2019:** Emotional Intelligence, 3 hours, University of Jordan, Accreditation and Quality Assurance Center

**April 24 2019:** Scientific Research Skills, 3 hours, University of Jordan, Accreditation and Quality Assurance Center

**July 5 2018:** Strategies of effective learning, 3 hours, University of Jordan, Accreditation and Quality Assurance Center

**December 4-10 2017:** Wheelchair service training package – Basic level, 48 hours, Al Hussein Society, Amman, Jordan.

**March 9 2017:** Assessment performance workshop, 2 hours, University of Jordan, Accreditation and Quality Assurance Center

## 23& 26/5/2016: SPSS workshop, 10 hours, University of Jordan, Accreditation and Quality Assurance Center

## May 10 2016: E-learning workshop, 4 hours, University of Jordan, Accreditation and Quality Assurance Center

## May 7 2016: Introductory tips for the sensory system, assessment & intervention, University of Jordan, given by Mr. Mustafa Alqaisi.

## 23/1/2016 – 28/1/2016: Staff development workshops, 18 hour, university of Jordan, Accreditation and Quality Assurance Center

## 25 to 29 August 2014: Introduction to Early Intervention, 30 hours at the GJU VTC (Vision training center), given by Drs. Mathijs Vervloed and Bert Steenbergen from Radboud University Netherlands (EU Tempus project).

## June 12 – 28, 2014: Study visit to evaluate and model low vision services and providers in Focus Birmingham United Kingdom. Trainer: Andrew Miller MCs.

## January 15 – 16, 2012: Mobility part 2: Wheelchair Selection, Seating, and Design Workshop. Amman- Jordan.

**Oct 12-14, 2011:** 5th Jordanian & 6th Pan Arab Congress in Physical Medicine, Arthritis and Rehabilitation.

## June 7, 2011: Course of Therapeutic Massage, 8 hours, given by Mr. Hisham Mohammad, at physiotherapy department UJ.

**March 31st, 2011**: The First Scientific Day of the Physical Medicine &Rehabilitation Department in Directorate of Royal Medical Services, Amman.

**Courses Taught**:

* Psychology in rehabilitation
* Occupational therapy techniques 1
* Self and strategies/ Approaches of OT
* Evaluation in occupational therapy
* Strategies for independence living
* Rehabilitation of upper extremity
* Psych applied
* Clinical: occupational therapy for physical dysfunction
* Clinical: occupational therapy for children
* Psych clinical
* Project

**Community Services:**

**April 25 2019:** Organizing community services for elderly people in Samir shamma resident for elderly people.

**April 24 2018:** Organizing a picnic for resident patients in the national center for mental health Fuhais.

**December 2017:** Ergonomics and body mechanics awareness activities were done in many factories, companies and schools to raise the awareness of how to use proper body mechanics while working to avoid work related disorders.

**April 11, 2017:** Participated in organizing the scientific day at Rehabilitation science faculty and giving a workshop for the faculty students.

**April 2, 2017:** Participated in the occupational therapy centennial ceremony at Rehabilitation science faculty.

**December 28, 2016:** Participated in a support group for parents of visually impaired people as part of the activities of the International day for People with Disabilities.

**Dec 6th, 2013**: Support to blind persons during the Dinner in the Dark, an activity organized by the Rotary Club, Landmark Hotel, Amman.

**April- May 2013:** ScreeningFunctional vision assessment for students at Al Hussein Society (1 day/ week for 6 weeks).